

- Pre-treatment
- Follow-Up
- Discharge

OCI-SV

Date: _____

Total Score: _____

The following statements refer to experiences that many people have in their everyday lives.

Circle the number that best describes **HOW MUCH** that experience has **DISTRESSED or BOTHERED** you during the **PAST MONTH**. The numbers refer to the following verbal labels.

0 = None 1 = A Little 2 = Moderate 3 = A Lot 4 = Extremely

1. I have saved up so many things that they get in my way.

0 1 2 3 4

2. I Check things more often than necessary.

0 1 2 3 4

3. I get upset if objects are not arranged properly.

0 1 2 3 4

4. I feel compelled to count while I am doing things.

0 1 2 3 4

5. I find it difficult to touch an object when I know it has been touched by strangers or certain people.

0 1 2 3 4

6. I find it difficult to control my own thoughts

0 1 2 3 4

7. I collect things I don't need.

0 1 2 3 4

8. I repeatedly check doors, windows, drawers, etc.

0 1 2 3 4

9. I get upset if others change the way I have arranged things.

0 1 2 3 4

10. I feel I have to repeat certain numbers.

0 1 2 3 4

11. I sometimes have to wash or clean myself simply because I feel contaminated.

0 1 2 3 4

12. I am upset by unpleasant thoughts that come into my mind against my will.

0 1 2 3 4

13. I avoid throwing things away because I am afraid I might need them later.

0 1 2 3 4

14. I repeatedly check gas and water taps and light switches after turning them off.

0 1 2 3 4

15. I need things to be arranged in a particular order.

0 1 2 3 4

16. I feel that there are good and bad numbers.

0 1 2 3 4

17. I wash my hands more often and longer than necessary.

0 1 2 3 4

18. I frequently get nasty thoughts and have difficulty getting rid of them.

0 1 2 3 4

For Office Use Only:

Checking: $\frac{\quad}{2}$ + $\frac{\quad}{8}$ + $\frac{\quad}{14}$ = _____ Notes:

Hoarding: $\frac{\quad}{1}$ + $\frac{\quad}{7}$ + $\frac{\quad}{13}$ = _____

Neutralizing: $\frac{\quad}{4}$ + $\frac{\quad}{10}$ + $\frac{\quad}{16}$ = _____

Obsessing: $\frac{\quad}{6}$ + $\frac{\quad}{12}$ + $\frac{\quad}{18}$ = _____

Ordering: $\frac{\quad}{3}$ + $\frac{\quad}{9}$ + $\frac{\quad}{15}$ = _____

Washing: $\frac{\quad}{5}$ + $\frac{\quad}{11}$ + $\frac{\quad}{17}$ = _____

Total = _____